

The Talking Cure Re-visited: from Transference to Countertransference Driven Therapy

A Saturday morning seminar with Gill Straker and Jacqui Winship
with panel discussion featuring

Dr Anne-Marie Swan, president of NSWIPP, Annette Conradi, President of IARPP Australia,
Dr Brendan McPhillips, Past President of ANZAP and Elana Leigh, President of ITAA

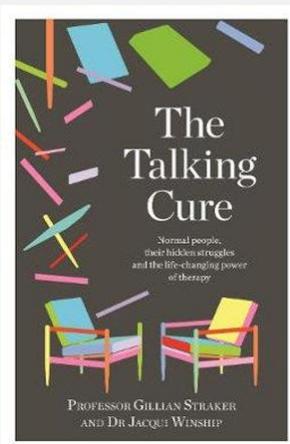
Saturday, 15 February 2020

9.30 am – 12.30 pm

Sydney University New Law Annexe Seminar Room 446

Join us in-person or live stream this event

ANZAP Members - \$90 | Non-Members - \$120 | Westmead Students - \$40 | Other Students - \$60



Relational psychotherapy has its roots in both interpersonal and object relations theories, but it is a broad tent that encompasses many different approaches. It is a difficult approach to describe, as it is not technique based and cannot be manualised. However, it is a definite sensibility and it is this sensibility that Gill Straker and Jacqui Winship capture in their book *The Talking Cure*.

In this seminar Gill Straker will present central concepts underpinning relational psychotherapy followed by a question and answer session from the audience, in which Jacqui Winship will also participate

Following this, there will be a panel discussion of relational psychotherapy involving Dr Ann Marie Swan, president of NSWIPP, Annette Conradi, president of IARPP Australia, Brendan McPhillips, Past President to ANZAP, and Elana Leigh, president of TA international. The panel discussion will also refer to two chapters of the book *The Talking*

Cure. Excerpts from these chapters will be provided to the audience, who will also have time to participate.

The aim of the seminar will be not only to discuss relational psychotherapy in the context of related modalities that use the therapeutic relationship as the unit of analysis, but also to enact relationality that tolerates difference, which is a key aspiration of the relational frame.

Listen to Gill Straker's 30 May ABC radio interview with Sarah Kanowski on *Conversations* here:

<https://www.abc.net.au/radio/programs/conversations/gill-straker/11144572>

To Register:

Online to pay with your cc (50c processing fee applies) please use this link: <https://www.trybooking.com/BGVBK>

To pay by EFT - please use your **surname** as the identifier:

Westpac | BSB: 032-069 | Acc: 469778

Enquiries: Anne Malecki info@anzap.com.au

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Program outline

Brief history of the concept of transference/countertransference and how they have informed analytic work. Relational psychoanalytic psychotherapy (RPP) as countertransference and self-disclosure driven.

Further exploration of RPP, its sensibilities and aims, the theories it integrates and its claims to difference.

Panel discussion and audience participation as to their personal understanding of RPP and what it means for them.

Reading from book to illustrate use of countertransference and self-disclosure in context of attachment theory model, and to explore dynamics of merger.

Clinical demonstration via four video presentations of a) object relations, b) self-psychology, c) relational psychoanalysis with emphasis on co-construction and self-disclosure d) relational psychotherapy with emphasis on working in the political and on improvisation.

Panel discussion and audience participation after the reading and videos.

Closing comments

About our Presenters



Prof Gill Straker is a highly experienced clinical professor in the School of Psychology at Sydney University. She has published widely in the area of psychotherapy and psychology. She is a passionate believer in the transformative power of authentic relating and is firmly of the belief that we all are engaged in psychological struggles that we tend to hide, including from ourselves. Gill has a private therapy and supervision practice in Sydney.



Dr Jacqui Winship has more than twenty-five years of experience as a clinical psychologist, psychotherapist and supervisor. Jacqui works with adults, adolescents and couples, focussing on the common struggles that are part of the human condition. She believes in the power of the therapy relationship to enable people to grow, heal and thrive. She is based in Sydney.